



## Salads, Sandwiches, and Soups

- Caesar Salad with and w/o chicken
- Mixed Greens Salad with and w/o chicken
- Peanut Noodles (vegan)
- Classic Chicken Salad
- Curried Chicken Salad
- Southwest Chicken Salad
- Roasted Beet Salad

- Curried Chicken Salad Wrap
- Grilled Chicken Caesar Wrap
- Crispy Fried Chicken Sandwich
- Turkey, Bacon, and Ranch Wrap

- White Bean, Escarole & Sausage Soup (gf)
- Butternut Squash & Apple Bisque (gf, vegan)
- Guinness Beef Stew (gf)
- Soup de Jour  
rotating weekly

## Hors d'oeuvres

- Chicken Lemongrass Potstickers
- Maryland Style Lump Crab Cakes
- Apricot and Gorgonzola Stuffed Mushrooms (gf, v)
- Sausage Stuffed Mushrooms
- Chicken Lollipops (gf)
- Sweet Chili, Teriyaki, Buffalo, & Barbeque

## Entrees

- Lemon Chicken With Israeli Couscous
- Chicken Tikka Masala (gf)
- Chicken Marsala (gf)
- Chicken Florentine (gf)
- Chicken Cacciatore (gf, df)
- Chicken Rollatini
- Eggplant Rollatini
- Eggplant Parmesan
- Braised Short Ribs (gf,df)
- Braised Tuscan Pork
- Lobster Mac and Cheese
- Chicken Pot Pie
- Shepherd's Pie
- Lasagna Bolognese
- New England Clam Chowder Pie
- Crispy Sesame Chicken
- Shrimp Scampi
- Sweet & Spicy Thai Chicken
- Spring Chicken
- BBQ Pork Ribs with Mashed Potatoes
- Turkey Meatballs

## Vegetarian and Vegan

- Impossible Meatloaf (gf, vegan)
- Mac and Cheese
- Cafe Flo Vegetarian Chili (gf)
- Mashed Potatoes (gf)
- Peanut Noodles (vegan)
- White Vegetable Lasagna
- Crispy Sesame Tofu

## Sauces and Sides

- Bolognese Sauce (gf)
- Pomodoro Sauce (gf, v)
- Seasonal Vegetable Sides
- Mashed Potatoes (gf, v)
- Mac & Cheese

## Quiche de Jour

- Quiche Lorraine  
(Bacon and Gruyere Cheese)
- Broccoli Cheddar (v)
- Asparagus and Goat Cheese (v)

## Desserts

- Flourless Chocolate Torte (gf)
- GG Fudgy Brownies
- Peanut Butter Cookies
- Lavender Shortbreads
- Chocolate Chip Cookies
- Coconut Macaroons (gf)
- Lyme Sugar Cookies
- Classic Tiramisu

Specialty Cakes - Please call us for our weekly cake selections

*GF - Items that do not contain gluten.  
V - Vegetarian items.  
Vegan - contain no meat or dairy ingredients.*

*Menu item availability and prices are subject to change.*